

URINARY TRACT INFECTIONS

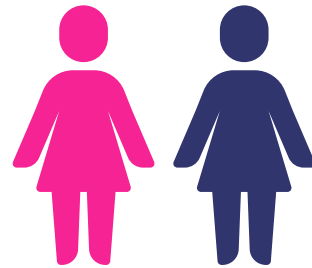
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1 in 2 women

will develop a UTI in their lifetime!



Pregnancy
Spermicide use
Multiple sexual partners
Menopause

Diabetes
Kidney stones
Immunocompromised
Bladder/urine catheter

Risk Factors



Common Symptoms



Frequent painful peeing



Strawberry red urine

Daily
cranberry
pills (36g)



Prophylactic
antibiotic
use

Replace
spermicide
with another
contraceptive



Vaginal
estrogen use
after
menopause

Preventing UTIs



REFERENCES:

1. Epp A, Larochelle A. No. 250-Recurrent Urinary Tract Infection. J Obstet Gynaecol Can. 2017 Oct; 39(10):e422-0431
2. Foxman B, Cronenwett AE, Spino C, Berger MB, Morgan DM. Cranberry juice capsules and urinary tract infection after surgery: results of a randomized trial. Am J Obstet Gynecol. 2015 Aug; 213(2):194.e1-8.